



## Gear up for a Flat, Fast Course at the Mountain Bike State Championships July 14th & 15th

Hooked at Herbs—the Tennessee State XC Championship is being held in the southwest corner of the state this year. This trail is a fairly flat, fast course that spans roughly 10 miles around Herb Parsons Lake. Known for not being particularly technical, the course may favor some ambitious roadies looking to make the podium. Stanky Creek Cycling, NMTA, and MSTA have partnered to put a great deal of work into improving the trail this year. A new bridge has been put into place along with some new "manufactured" fun. Time Trials are July 14 and the XC championship is July 15. Registration is OPEN!

[Click here to register.](#)



## U.S. Pro Road, Criterium, and TT National Championships to be Held in Knoxville—June 21st-24th

Many cycling enthusiasts will be making their way to Knoxville this weekend to watch the U.S. Pro Road Championships, beginning with the TT on Thursday, June 21st. You can access the event schedule, racing routes, parking maps, and road closures by clicking the icon below.



PRO ROAD, TIME TRIAL & CRITERIUM  
NATIONAL CHAMPIONSHIPS  
JUNE 21-24 • KNOXVILLE, TN

A very special congratulations to four outstanding Tennessee cyclists who took home national titles this past weekend at The USA Cycling Masters and Para Road National Championships in Augusta, GA. Brendan Housler won the Men's 30-35 Road Race, Dave Hixson won the Men's 60-65 Road Race, and Kirsten Sass, a guide for para-athlete Amy Dixon, won the Women's BVI Time Trial. Finally, Durward Higgins, a Chattanooga resident, swept the competition and is the 2018 Champion of the Men's 75-79 Criterium, Time Trial, and Road Race. Higgins is a living testament that cycling truly is the secret to longevity!



## Three State Championships and Four Grand Omniums on the July/August Road Calendar



It has been a great first half of the TBRA road season, and we have reached our much needed mid-summer break. Spend the next few weeks getting those legs rested and ready for a great second half of the season, consisting of three-state championships and four grand omniums. We'll kick off the back half of the season on the last day of June with Tennessee's exclusive women's event, [The Rockabilly Revolution](#). This female only event will once again be host to the women's masters road race championship. The following weekend (July 7th), we'll be heading back up to Dover for the state championship time trial. Be prepared for 40k in the pain cave. The [Three River Rumble](#) (July 21 & 22) is back on the calendar as a full omnium again this year. The gorgeous rolling road race on Sunday will be the final Tennessee State Championship of the season.

August is then filled with three full weekends of racing, beginning with [The Battle of Lewisburg](#) on August 4th and 5th. This three stage, timed omnium, taking place just south of Nashville will be the first timed multi-day event in Tennessee in over a decade. Be sure to keep an eye out for more details coming very soon!

The following weekend (August 11 & 12) TBRA will head just across the boarder to Huntsville for the [Alabama Wheelmen Race](#) weekend, an omnium consisting of at time trial and two crits. Finally we'll close out the TBRA road season as always atop Raccoon Mountain at the [River Gorge Omnium](#). The Saturday night, downtown twilight criterium is a must experience for any Tennessee racer.

Aside from all the weekend road action, [The Music City Criterium series](#) has eight more races on the calendar, including a double criterium weekend on August 18th & 19th.

As always, you can register and access race flyers at [tbra.org](http://tbra.org). We look forward to seeing you on the road!



Photo Cred: Eric Renshaw

## CX is Coming . . .

It'll be here sooner than you think. If you hosted a race in the 2017 season, you have until July 1st to reserve the same dates for 2018.