

Montgomery Bell Winter TT Series Full Course Cue Sheet

1. From trailhead go right down the hill
2. At the bottom of the hill just over the bridge right onto **Lonesome Blue**
3. At the End of **Lonesome Blue** hard right onto **Main Street** just passed the **Y Bridge**
4. Cross the creek and then right at **Big Tree Junction**
5. Top of the hill left on **Cat Track**
6. End of **Cat Track** left back onto **Expressway Red**
7. Hard right at **Yellow/Expressway Connector** onto **Yellow** down to the creek and across
8. Right and up **Heartbreak Hill** and back down
9. Right onto Yellow **Boundary Trail** up the hill
10. Hard right to stay on **Boundary Trail** toward **North Slope**
11. End of Yellow **North Slope** straight across the powerline service road onto **Charlotte's Ridge**
12. Top of **Charlotte's Ridge** stay right onto **Goat Path**
13. End of **Goat Path** right onto **Yellow**
14. Stay on normal yellow race loop till back to **Boundary Trail** and turn right toward **Green Exit**
15. Right onto **Green Exit**
16. At the bottom take the first curved bridge to **Fern Gully**
17. When back at powerline area hard left to inside green
18. After short inside green section back to powerline area left to take **Downhill Extension**
19. Over humpback bridge stay right to go up **Moguls** to top of hill
20. Stay to the right at the top and go down **Tommy's Revenge**
21. Cross the creek and across the bridge stay to the right to go up **Downhill Trail**
22. At top of **Downhill Trail** go straight across to **Blue/Red Expressway**
23. First left onto **Blue Yonder Trail**
24. At the end of **Blue Yonder** turn right onto **Red Expressway** down the hill
25. Left at the bottom of the hill onto **Snake Bottom** trail
26. At end of **Snake Bottom** turn right onto **Red Expressway**
27. Then quick right onto **Peanut** trail
28. At end of **Peanut** turn right onto **Red Expressway**
29. Next left onto **Possum Trot** follow it to the end
30. Turn left onto **Red Expressway**
31. Right at **Big Tree Junction** towards the creek on Red, back towards trailhead
32. Go across **Y bridge** and take a right onto **Haynie Branch** (White)
33. At the end of **Haynie Branch** turn left onto **Perimeter Red**
34. Quick left onto **White Pine** Trail
35. End of **White Pine** left onto **Perimeter Red** and immediate left onto **Storm Track** (White)
36. End of **Storm Track** left on **Perimeter Red**
37. At the bottom of the hill left onto **Rabbit Run**
38. End of **Rabbit Run** left onto **Perimeter Red** follow back to trailhead
39. Finished. Just that easy ☺.

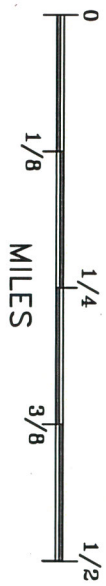
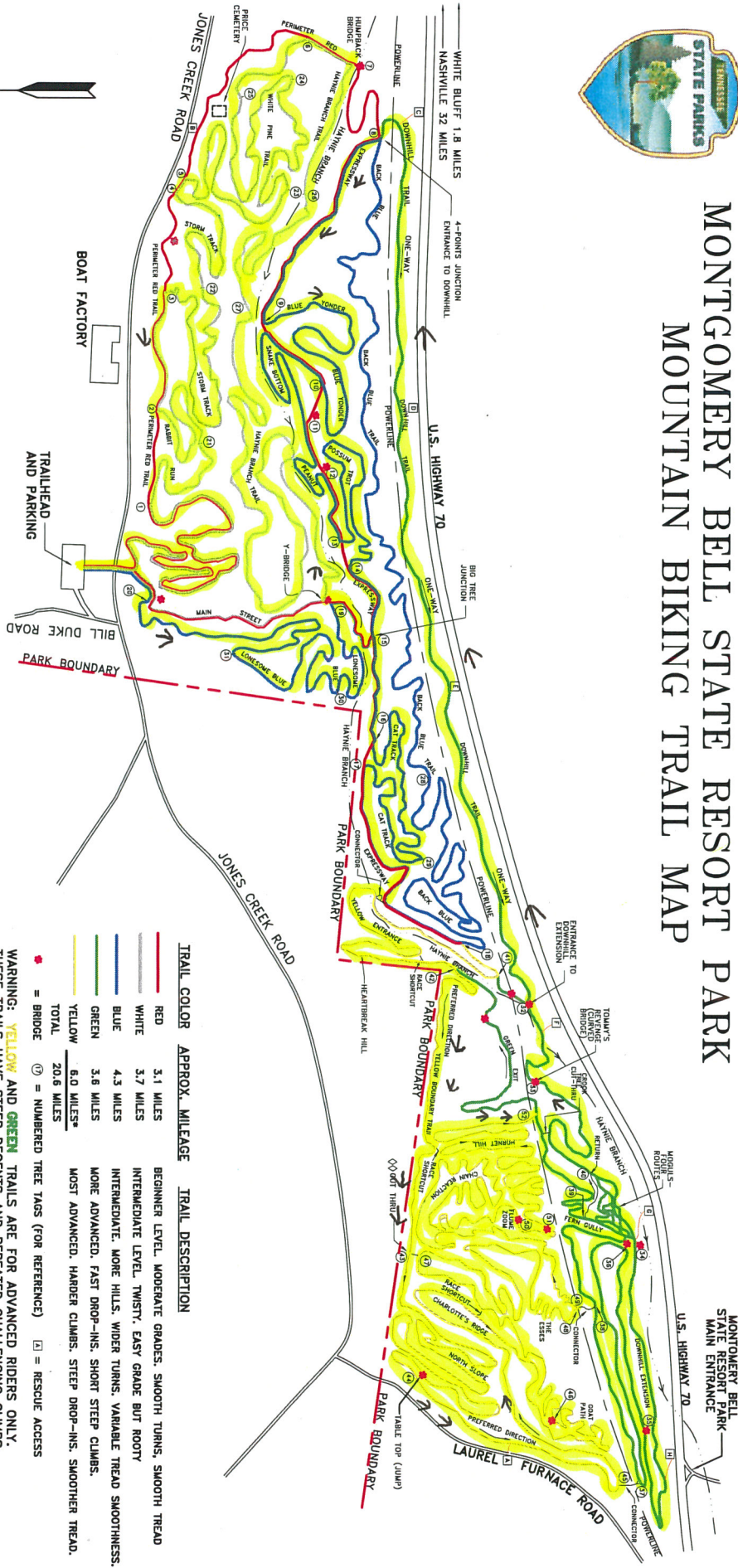
***Bold Words** are Trail Names or features found on the Map

** Map and Cue Sheet for pre-ride purposes only. Trail will be fully marked on race day.



MONTGOMERY BELL STATE RESORT PARK MOUNTAIN BIKING TRAIL MAP

Full Winter JT course



TRAIL COLOR APPROX. MILEAGE TRAIL DESCRIPTION

RED	3.1 MILES	BEGINNER LEVEL. MODERATE GRADES. SMOOTH TURNS, SMOOTH TREAD
WHITE	3.7 MILES	INTERMEDIATE LEVEL. TWISTY, EASY GRADE BUT ROOTY
BLUE	4.3 MILES	INTERMEDIATE. MORE HILLS, WIDER TURNS, VARIABLE TREAD SMOOTHNESS.
GREEN	3.6 MILES	MORE ADVANCED. FAST DROP-INS, SHORT STEEP CLIMBS.
YELLOW	6.0 MILES*	MOST ADVANCED. HARDER CLIMBS, STEEP DROP-INS, SMOOTHER TREAD.
TOTAL	20.6 MILES	

* = BRIDGE ⑦ = NUMBERED TREE TAGS (FOR REFERENCE) □ = RESCUE ACCESS

WARNING: YELLOW AND GREEN TRAILS ARE FOR ADVANCED RIDERS ONLY. THESE TRAILS HAVE STEEP DECENTS AND REPEATED CHALLENGING CLIMBS.

ALL TRAILS ARE BUILT AND MAINTAINED BY COOPERATIVE EFFORT OF PARK AND VOLUNTEERS. FOR MORE INFORMATION ON VOLUNTEERING OR UPCOMING TRAIL WORK DAYS, CONTACT PARK OFFICE AT 615-797-9051 OR GO TO www.aetbomdtn.org

DISCLAIMER: THIS MAP HAS BEEN PREPARED BY VOLUNTEERS AND IS INTENDED TO BE AS ACCURATE AS POSSIBLE AS OF THE PREPARATION DATE. TRAILS MAY BE RENOVED WITHOUT NOTICE. BE ADVISED THAT PREPARERS OF THIS MAP CAN NOT BE HELD RESPONSIBLE FOR ANY INJURY OR INCIDENTAL LOSSES THAT MAY OCCUR AS A RESULT OF USE OF THIS MAP. USE THIS MAP AT YOUR OWN RISK.

MAP LAST UPDATED: FEBRUARY, 2010