

Montgomery Bell Winter TT Series Junior 9-14 Course Cue Sheet

1. From trailhead go right down the hill
2. At the bottom of the hill just over the bridge right onto **Lonesome Blue**
3. At the End of **Lonesome Blue** left onto **Main Street**
4. Go across **Y bridge** and take a right onto **Haynie Branch** (White)
5. At the end of **Haynie Branch** turn left onto **Perimeter Red**
6. Quick left onto **White Pine Trail**
7. End of White Pine left onto **Perimeter Red** and immediate left onto **Storm Track** (White)
8. End of **Storm Track** left on **Perimeter Red**
9. At the bottom of the hill left onto **Rabbit Run**
10. End of **Rabbit Run** left onto **Perimeter Red** follow back to trailhead
11. Finished

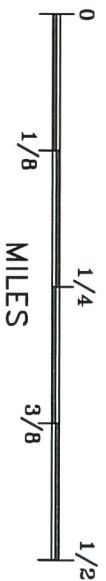
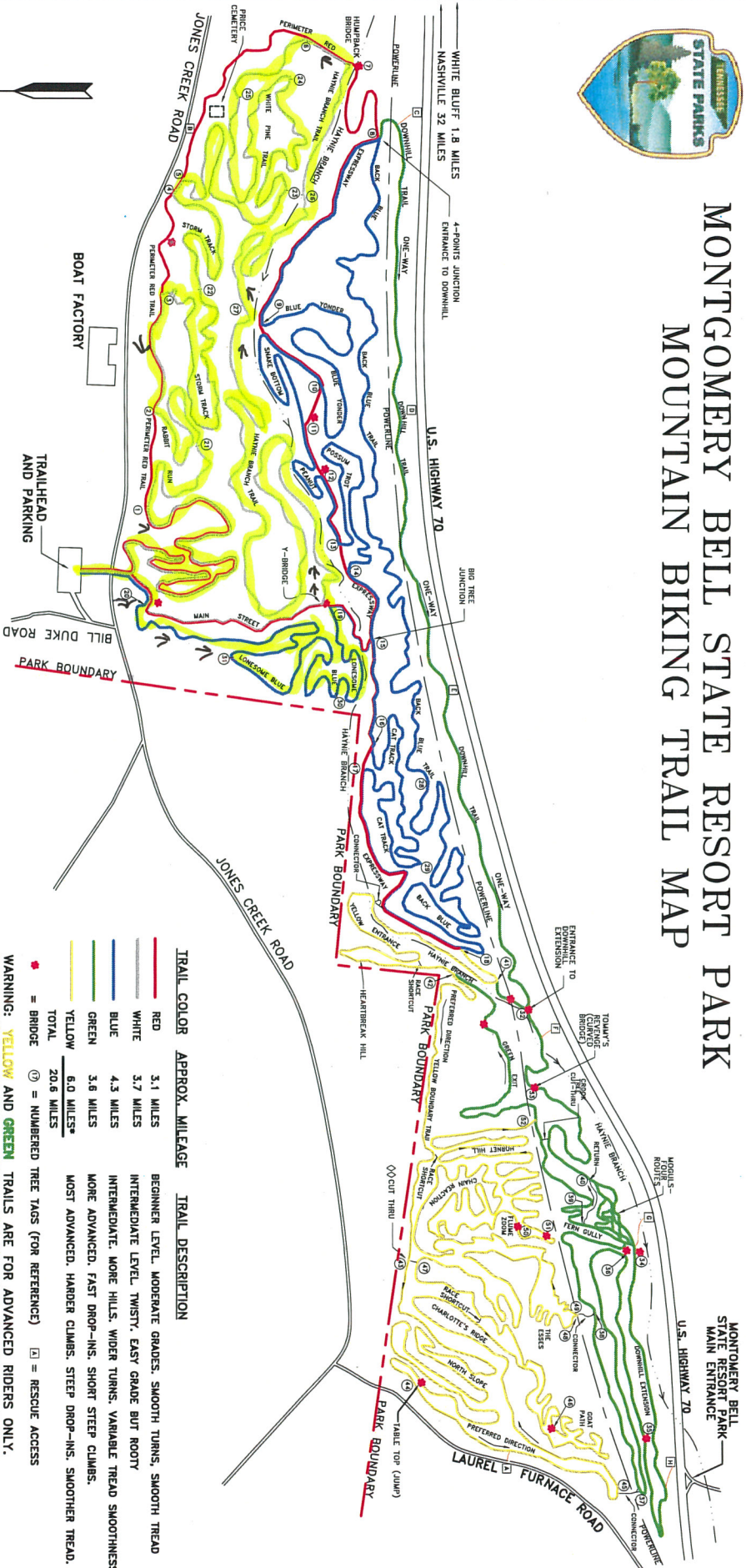
***Bold Words are Trail Names or features on the Map**

**** Map and Cue Sheet for pre-ride purposes only. Trail will be fully marked on race day.**



MONTGOMERY BELL STATE RESORT PARK MOUNTAIN BIKING TRAIL MAP

Junior 9-14 Course



TRAIL COLOR APPROX. MILEAGE TRAIL DESCRIPTION

RED	3.1 MILES	BEGINNER LEVEL. MODERATE GRADES. SMOOTH TURNS, SMOOTH TREAD
WHITE	3.7 MILES	INTERMEDIATE LEVEL. TWISTY, EASY GRADE BUT ROOTY
BLUE	4.3 MILES	INTERMEDIATE. MORE HILLS, WIDER TURNS, VARIABLE TREAD SMOOTHNESS.
GREEN	3.8 MILES	MORE ADVANCED. FAST DROP-INS, SHORT STEEP CLIMBS.
YELLOW	6.0 MILES*	MOST ADVANCED. HARDER CLIMBS, STEEP DROP-INS, SMOOTHER TREAD.
TOTAL	20.6 MILES	

* = BRIDGE (1) = NUMBERED TREE TAGS (FOR REFERENCE) (X) = RESCUE ACCESS

WARNING: YELLOW AND GREEN TRAILS ARE FOR ADVANCED RIDERS ONLY. THESE TRAILS HAVE STEEP DESCENTS AND REPEATED CHALLENGING CLIMBS.

ALL TRAILS ARE BUILT AND MAINTAINED BY COOPERATIVE EFFORT OF PARK AND VOLUNTEERS. FOR MORE INFORMATION ON VOLUNTEERING OR UPCOMING TRAIL WORK DAYS, CONTACT PARK OFFICE AT 615-787-5051 OR GO TO www.srbpdmtn.org

WARNING: MOUNTAIN BIKING IS A POTENTIALLY DANGEROUS SPORT. PARTICIPANTS ARE EXPECTED TO UTILIZE PROPER SAFETY EQUIPMENT AND RIDE IN A RESPONSIBLE MANNER. ALL TRAIL USERS ARE ADVISED TO AVOID TRAILS THAT ARE BEYOND THEIR SKILL LEVEL. ALL TRAIL USERS MUST RIDE AT THEIR OWN RISK.

DISCLAIMER: THIS MAP HAS BEEN PREPARED BY VOLUNTEERS AND IS INTENDED TO BE AS ACCURATE AS POSSIBLE AS OF THE PREPARATION DATE. TRAIL USERS SHOULD BE RESPONSIBLE FOR ANY DIRECT OR INCIDENTAL LOSSES THAT MAY OCCUR AS A RESULT OF USE OF THIS MAP. USE THIS MAP AT YOUR OWN RISK.

MAP LAST UPDATED: FEBRUARY, 2010